

SESSION 3: IDENTIFY YOUR PASSION

Welcome, Review Study/LIFE Starter Journaling: 20 minutes

Discuss your TOP values and how you will use as a decision-making tool.

Session #3 Teaching: Identify Passion Areas: 10 minutes

Now that you have a better idea of your personal core-values, think about those core values and combine them with the things you love to do and come easy to you. We are all born with a deep and meaningful purpose that we have to discover. Your purpose is not something you need to make up; it's already there. Remember how Romans 8:28 told us that our purpose is HIS purpose. You have to uncover it in order to experience the life God created you for.

"For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well."
Psalm 139:13-14

I believe that God uniquely created each of us with different passions and giftings. Think of knitting, the illustration used in Psalm 139. Knitting is something I've never known how to do, but one thing I do know about it is that it painstaking and slow. Methodical and intentional. It isn't haphazard and flippant. When God made you, He KNIT you. Carefully. Intentionally. The smallest parts and the most obvious ones. The smallest cell and grandest passion. All of it. Our job is to find out what did God so intentionally knit into us, individually.

Today, we are going to really think about and discuss as a group what do you love to do. What comes easily to you? Finding your passion could be easier than you think. By answering these questions honestly, you could work out what to do with the rest of your life. What subject could I read 500 books about without getting bored? What could I do for five years straight without getting paid? What would I spend my time doing if I had complete financial abundance to do anything? When you look back at last week's session on personal core values, ask yourself what values do you enjoy expressing the most in the world? What are two ways I most enjoy expressing these values? It's time to get vulnerable and share with each other about your passion(s). Confirm with each other what you think others in the group are gifted at, and then finish this session in prayer. Pray for each other's passions to come alive through the remaining sessions. The Holy Spirit is much like a GPS system you use in your car or on your phone. It tells you how to get from point A to point B. When you get in your car and are heading to a specific destination, what is the first thing you input into your GPS? First, it finds your current location. Once it's determined where you are, it gives you directions to where you are heading. For the system to work, it simply needs to know your beginning location and your end destination. The navigation system figures out the rest by the use of an onboard computer that receives signals from multiple satellites and calculates your exact position. Then it plots a perfect course for you. All you have to do from that point on is follow the instructions it gives you to reach your destination.

Don't get too twisted up if you are struggling at this point. Inspiration may strike some people in an instant. Suddenly, they know what they should be doing with their lives. For others, it takes work and more time.

For homework this week, I'm going to ask you to Spend 20 minutes each day this week in "Listening Prayer," thinking about today's study and group feedback. Also think about the things that have interested you recently, or any opportunities that you have spotted. Your true passion may not be found overnight, but is realized through series of discoveries of small interests. Focus on the LIFE Starters Journaling Method and it will give you more insight to your passions!

Small Group Discussion: 15 minutes

Think about your values and the discussions you've had in your group up to this time and answer the following questions and share with each other about your passion(s):

1. What do you love to do?
2. What comes easily to you?
3. What subject could I read 500 books about without getting bored?
4. What could I do for five years straight without getting paid?
5. What would I spend my time doing if I had complete financial abundance to do anything?

If you know each other well enough, **confirm** with each other what you think others in the group are gifted at.

Finish this session in **prayer**.

Pray for each other's passions to come alive through the remaining sessions.

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Small Group Wrap-Up: 10 minutes

What did you cover in your small group time? What were the biggest take-aways and action items?

Discuss This Week's Homework: 5 minutes

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